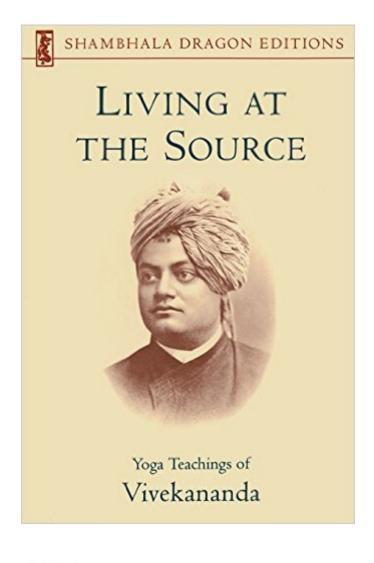
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# Living At The Source: Yoga Teachings Of Vivekananda (Shambhala Dragon Editions)





## Synopsis

The inspirational messages collected in this book, selected from the writings and talks of Swami Vivekananda, speak directly to the concerns of contemporary men and women who seek to live a spiritual life in the midst of everyday activities. At the same time, they form a concise introduction to Vedanta, the perennial philosophy of India.

### **Book Information**

Series: Shambhala Dragon Editions Paperback: 184 pages Publisher: Shambhala (May 1, 2001) Language: English ISBN-10: 1570626162 ISBN-13: 978-1570626166 Product Dimensions: 6 × 0.5 × 9 inches Shipping Weight: 11.8 ounces (View shipping rates and policies) Average Customer Review: 5.0 out of 5 stars Â See all reviews (8 customer reviews) Best Sellers Rank: #338,836 in Books (See Top 100 in Books) #94 in Books > Politics & Social Sciences > Philosophy > Eastern > Indian #761 in Books > Religion & Spirituality > Hinduism #955 in Books > Health, Fitness & Dieting > Exercise & Fitness > Yoga

#### **Customer Reviews**

Swami Vivekananda, the primary disciple of Sri Ramakrishna Paramahansa (one of the greatest of the Hindu sages), has a style immediately accessible to all. He died in 1901, but his teachings are as valid and truthful today as they were then. This book consists mostly of short quotations and paragraphs Vivekananda wrote or said, carefully selected from other books and talks. If you're interested in Nonduality (Advaita) in the context of Hinduism, this book comes highly recommended. Vivekananda comes across as soft and delicate as a flower, and as grand and thunderous as a roaring lion.

This book is worth its weight in gold and diamonds. The authors who edited it by culling through "The Complete Works of Swami Vivekananda" have done an excellent job. If you have ever read or been interested in Advaita, then this is a book you cannot live without. It looks at the qualities needed to realize unity, such as courage, love, effort, discipline, selflessness etc.Each and every sentence and paragraph in this book makes one's cells vibrate with a joyful energy. Swami Vivekananda's emphasis on strength can literally breath courage into one who lacks it! This book is always going to sit on my desk in arm's reach so that I can read it at all times and negate all the erroneous beliefs arising from my identification with the body.Reading these excerpts is like drinking from the spring of Immortality! I HIGHLY recommend this book to all seekers of Truth, no matter what your chosen path. It is VERY powerful. I wish I could buy one copy for each and everyone.

This book is a collection of quotations of Swami Vivekananda. The quotations are selected from his 9-volume "complete works". So, this book contains highly condensed and distilled essence of Vivekananda's teachings. If you are a new-comer to Vivekananda or Advaita, this book may not be for you. But, if you are already familiar with Advaita or Vivekananda's work, and looking for the essence, this book will be extremely valuable.

The teachings of Swami Vivekananda have been very carefully selected and grouped them under appropriate topics. Such a huge 9 volumes of the original work has been so well made comprehensible and concise for Advaita Vedanta seekers! I go back to the book from time to time, because you can never finish reading such a book..every time the book has a new perspective to show you. His words are to be contemplated and the book is good for beginners as well as advance seekers of Truth.Indebted to the editors for such a beautiful compilation.Recommended for everyone.

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